

## Wender Utah Rating Scale for the Attention Deficit Hyperactivity Disorder

- Items in bold belong to the 25 question subset associated with ADHD diagnosis

	Not at all or slightly	Mildly	Moderately	Quite a bit	Very much
1 Active restless always on the go	0	1	2	3	4
2 Afraid of things	0	1	2	3	4
<b>3 Easily distracted with concentration problems</b>	0	1	2	3	4
<b>4 Anxious worrying</b>	0	1	2	3	4
<b>5 Nervous fidgety</b>	0	1	2	3	4
<b>6 Inattentive daydreaming</b>	0	1	2	3	4
<b>7 Hot- or short-tempered</b>	0	1	2	3	4
8 Shy sensitive	0	1	2	3	4
<b>9 Temper outbursts tantrums</b>	0	1	2	3	4
<b>10 Trouble with stick-to-it-tiveness not finishing things</b>	0	1	2	3	4
<b>11 Stubborn strong-willed</b>	0	1	2	3	4
<b>12 Sad or blue depressed</b>	0	1	2	3	4
13 Incautious. dare-devilish	0	1	2	3	4
14 Dissatisfied with life	0	1	2	3	4
<b>15 Disobedient with parents</b>	0	1	2	3	4
<b>16 Low opinion of myself</b>	0	1	2	3	4
<b>17 Irritable</b>	0	1	2	3	4
18 Outgoing, friendly	0	1	2	3	4
19 Sloppy disorganized	0	1	2	3	4
<b>20 Moody ups and downs</b>	0	1	2	3	4
<b>21 Angry</b>	0	1	2	3	4
22 Friends popular	0	1	2	3	4
23 Well-organized tidy neat	0	1	2	3	4
<b>24 Impulsive, acting without thinking</b>	0	1	2	3	4
<b>25 Tendency to be immature</b>	0	1	2	3	4
<b>26 Guilty feelings regretful</b>	0	1	2	3	4
<b>27 Losing control of myself</b>	0	1	2	3	4
<b>28 Tendency to be or act irrational</b>	0	1	2	3	4
<b>29 Unpopular, not very friendly</b>	0	1	2	3	4
30 Poorly coordinated	0	1	2	3	4
31 Afraid of losing control of self	0	1	2	3	4
32 Well-coordinated picked first in games	0	1	2	3	4
33 Tomboyish (for women only)	0	1	2	3	4
34 Running away from home	0	1	2	3	4
35 Getting into fights	0	1	2	3	4
36 Teasing other children	0	1	2	3	4
37 Leader bossy	0	1	2	3	4
38 Difficulty getting awake	0	1	2	3	4
39 Follower led around too much	0	1	2	3	4

<b>40 Trouble seeing things from someone else's point of view</b>	0	1	2	3	4
<b>41 Trouble with authorities</b>	0	1	2	3	4
42 Trouble with police	0	1	2	3	4
43 Headaches	0	1	2	3	4
44 Stomachaches	0	1	2	3	4
45 Constipation	0	1	2	3	4
46 Diarrhea	0	1	2	3	4
47 Food allergies	0	1	2	3	4
48 Other allergies	0	1	2	3	4
49 Bedwetting	0	1	2	3	4
50 Overall a good student fast learner	0	1	2	3	4
<b>51 Overall a poor student slow learner</b>	0	1	2	3	4
52 Slow in learning to read	0	1	2	3	4
53 Slow reader	0	1	2	3	4
54 Trouble reversing letters	0	1	2	3	4
55 Problems with spelling	0	1	2	3	4
<b>56 Trouble with mathematics or numbers</b>	0	1	2	3	4
57 Bad handwriting	0	1	2	3	4
58 Able to read pretty well but not really enjoying it	0	1	2	3	4
<b>59 Not achieving up to potential</b>	0	1	2	3	4
60 Repeating grades	0	1	2	3	4
61 Suspended or expelled	0	1	2	3	4
	Not at all or slightly	Mildly	Moderately	Quite a bit	Very much